



# THE RUNNING BRONCO

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## Picking up the intensity, knocking down the heat...

Summary of Week: The Legacy Broncos had a trying week adjusting to their first week of after school practices. They had a fun first workout at the Natatorium and had their first meet at the Hebron Hawk Friday Night Lights meet at Railroad Park in Carrollton, Texas. The athletes are excited and hungry for growth!!!



### LEGACY GIRLS RUNNING BRONCOS TOP TWELVE (WEEK 1)

1. M. Castillo

2. A. Felan

3. E. Hall

4. S. Gutierrez

5. T. Miller

6. A. Vargas

7. M. Wichterich

8. K. Speer

9. E. Rodriguez

10. J. Engel

11. S. Maldonado

12. J. Brantley



### LEGACY BOYS RUNNING BRONCOS TOP TWELVE (WEEK 1)

1. B. Ramsey

2. K. Perry

3. J. Stubblefield

4. D. Castillo

5. C. Oldham

6. B. Billings

7. R. Ritter

8. A. Proctor

9. Z. Smith

10. D. Huebl

11. T. Martin

12. C. Murphy

### RUNNERS OF THE WEEK

JV Girls: Madison W.

JV Boys: Dominik H.

Varsity Boys: Benjamin R.

Varsity Girls: TEAM!!! (Gap was :35 between 1-5)

### IMPORTANT ANNOUNCEMENTS

**MORNING PRACTICES:** 6:20-7:30, shower from 7:30-8:00, Study Hall from 8:00-8:15 am in Room AJ-104

**AFTERNOON PRACTICES:** BEGIN at 2:45 on the track. We will leave campus BY 3:00. Do not be late! :)  
**PRACTICE ON MONDAY, SEPTEMBER 5 WILL BE AT**

**CONCESSIONS:** It is our week to work the Concessions at Newsom Stadium. We have many volunteers but could use a few more. If you are interested in working, please e-mail me so I can get you on the list. We do not have a meet this weekend, so it would be a good time for your student-athlete to help you out! We will be e-mailing information concerning who, what, when, where why this week so be on the lookout for this information. Thank you for coming out to our meet this weekend. We had great parental support and I think the athletes loved you being there! See you in a few weeks at the Southlake Invitational.



LEGACY



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